

Ready for a Better Shape?

SafeLipo – the Safest technique of Liposuction using local anesthesia only

- ▶ One-time treatment with permanent results
- ▶ Body contours are sculpted and tightened while you are fully awake
- ▶ The intriguing story of an American-trained doctor who focuses on doing what she loves, to the benefit of her Israeli patients

The woman looked totally different as compared to the heavier one in the pictures from her last vacation in Eilat. "I can't believe it", says A.V., a self-employed store owner as she happily models her loose jeans. "The day after the treatment I went to work as usual. The compliments I received were overwhelming. It was an amazing procedure because I was awake the whole time. It looks so simple. Why didn't someone think of it until now?"

This method - Tumescent Liposuction totally by local anesthesia - was invented years ago by Dr. Jeffrey Klein, a California dermatologist. The Tumescent Technique has become the standard of care for maximizing patient safety. It is the most common method employed to treat stubborn fat deposits that won't disappear by other means. The idea is simple - the layer of fat present under the skin is what determines our body curves. Unfortunately, at different times of life, many people develop disproportionate areas of fat accumulation. Today, they can be removed with **SafeLipo – Tumescent Liposuction**. This one-time treatment takes place while you're awake without the need for intravenous sedation, general anesthesia or hospitalization.

Advantages:

- Only local anesthesia is needed.
- Patients are comfortable while their silhouette is sculpted.
- The recovery is easy with the quickest return to your daily routine.

A unique procedure in Israel

Dr. Helena Igra, a board certified dermatologist and cosmetic surgeon, practiced in San Diego and Miami Beach before making aliyah a decade ago. She is the only doctor in Israel who exclusively performs liposuction with the tumescent technique. Dr. Igra has lectured on and taught this unique method worldwide. She has performed True Tumescent Liposuction for over 20 years and has become well known among Israeli women and men.

"After two years of speculation, it took me exactly one minute to decide to do it", says A, a 32-year-old single woman from Jerusalem. "I started with my thighs

because they really bothered me, and I was thrilled with the results. A short while afterwards, I had treatment on my buttocks and ten days ago I did my stomach. It's unbelievable. My self-confidence has increased and I just bought a new wardrobe. I can't wait to see myself in a bathing suit!"

What is Tumescent Liposuction?

Tumescent Liposuction starts with local anesthesia using large volumes of saline with lidocaine, a local anesthetic, in combination with epinephrine (adrenaline), which temporarily constricts blood vessels, infiltrated into the fatty tissue. The meaning of the word "tumescent" is swollen and firm. The solution is absorbed in the fat between the skin and muscle layer, creating more space in which to suction the fat out via tiny incisions using cannulas, thin blunt stainless steel tubes, attached to a vacuum device. This technique minimizes the possibility of skin irregularities and leads to skin tightening during the remarkably fast healing process.

Improvement is already seen in the first week after treatment. One session lasts from 1 to 1½ hours. Depending on the size and number of areas treated, it is possible to safely extract up to three liters of fat permanently. The risks associated with general or IV anesthesia are avoided. Pain and bruising are decreased, resulting in a quicker, more pleasant recuperation. Of note, most liposuction surgery in Israel is performed under general anesthesia.

Within minutes after the procedure, you get dressed and go home!

After SafeLipo

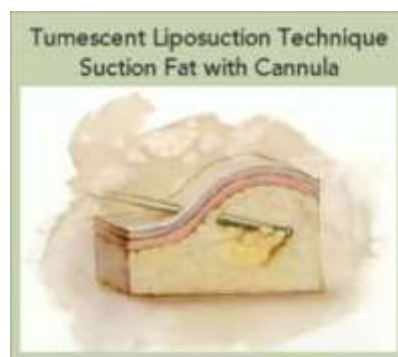
- Enjoy seeing your new image in the mirror.
- Return to work or play slimmer and shapelier than before.
- A wonderful and exciting change is within your reach.
- Finally make your wish come true!

Who is a good candidate?

The age of those who have had SafeLipo is from 18 to 80. A personal consultation is needed to determine if the patient's goals

and expectations are realistic and achievable. Not everyone is suitable.

Most patients are women - in good health and at a stable weight. They are frustrated by not being able to lose weight, and are tired of diets, gyms and exercise routines. Tumescent Liposuction is also an excellent solution for genetic, inherited fat deposits that are out of proportion to the rest of the body.



Which areas are the most popular? The stomach, hips and outer thighs, inner thighs and knees, and the buttocks.

Regarding possible risks, Dr. Igra states emphatically that SafeLipo is the safest form of liposuction that exists today for body sculpting and shaping. To her knowledge, no serious complications or deaths have been reported when only local anesthesia has been used. According to the doctor, "This is an elegant, gentle procedure; like playing the violin." A few minutes into the treatment, the patients' fears dissipate; they relax, close their eyes, and some even fall asleep.

Ready for Your New Shape?

If you're sick of diets and exercise that have not yielded results

If your self-confidence needs a boost

Don't give up!

Consider

SafeLipo - Tumescent Liposuction

Become one of the thousands of satisfied Israelis who have achieved an "Optimal" aesthetic result.